

Introducing

Dr. C. Nicole Swiner

◆ Top 10 Best Doctors in NC ◆



Dr. C. Nicole Swiner (Doc Swiner) is a nationally recognized family physician, speaker, and 7-time best-selling author based in Durham, NC. Voted one of the **Top 10 Best Doctors in North Carolina**, she is widely known as the *Superwoman Complex expert* and founder of the #NoSuperwoman lifestyle brand, which promotes self-care and balance for women.

A graduate of Duke University and the Medical University of South Carolina, Dr. Swiner is an expert in physician wellness, work-life balance, leadership development, and media in medicine. She also serves as a Medical Advisor for Black Girl Vitamins and partners with health and wellness brands to support women's health and empowerment.

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