

Keep up-to-date
in an emergency

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Take warnings seriously

Floods or heavy snowfall with avalanches may lead to parts of the population being cut off from the outside world. Information and warnings are important for survival.

Those who are trapped can often only be reached by radio, television or the Internet. However, the television and the Internet only work when there is electric power, which could fail. This leaves just the radio as the main warning device. Therefore, always keep a battery-powered radio with VHF and digital reception and spare batteries or a wind-up radio in the house.



- › You can always also find official danger warnings from the Federation on the Internet. Look under **www.bbk.bund.de** or take advantage of the BBK's emergency information and news app (NINA) (see next page).

WARNINGS ON THE INTERNET

- › You need a battery-powered radio or a wind-up radio with VHF and digital reception. A solar-powered radio or car radio can also be used. There are also wind-up radios with a USB connection for charging mobiles.
- › Keep sufficient batteries on hand. Remember that batteries do not last indefinitely. Use the batteries up and replace them regularly.
- › Ensure that you have a supply of the right battery sizes.

TIPS ABOUT THE RADIO

You can find a checklist for the radio in the middle of the brochure!

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With a wind-up radio, you can receive warning messages, even during an electric power breakdown and when there are no batteries.

You can, of course, get information on a mobile phone. Please remember that during an electric power breakdown, mobile phones will only continue to work for a short time.

NINA

NINA is the Emergency Information and Warning App (**N**otfall-**I**nformations- und **N**achrichten-**A**pp) of the Federal Office of Civil Protection and Disaster Assistance. NINA warns users of emergencies and hazards all over Germany, such as severe weather, floods and other relevant events.

NINA is the first app for alerting the population for the whole of Germany and is fully integrated into the Modular Warning System (MoWaS), which is used by the Federal and State level. With NINA, users are always informed about hazards and dangers, as the push functionality calls their attention to current threats. Both incident-related advice and general emergency advice from experts help users prepare for and react to (potential) emergencies. This enables them to better protect themselves and help others.





Furthermore, NINA includes up-to-date information, e.g. from the German Meteorological Service (DWD) as well as the latest water levels from the



Notfall-Informationen- und Nachrichten-App

Federal Waterways and Shipping Authority (WSV). NINA is available for free via iTunes and the Google Play store. For other operating systems, a website is available at www.warnung.bund which has been optimised for mobile use and which also informs you about all the latest MoWaS warnings in Germany. The latest weather warnings from the German Meteorological Service (DWD) and the water levels from the Federal Waterways and Shipping Authority (WSV) are also published here.

Interested parties can follow the BBK on Twitter and find news and information on subjects of civil protection there – from personal preparedness to honorary posts – under @BBK_Bund.

Follow the BBK on Twitter:

http://twitter.com/BBK_Bund.

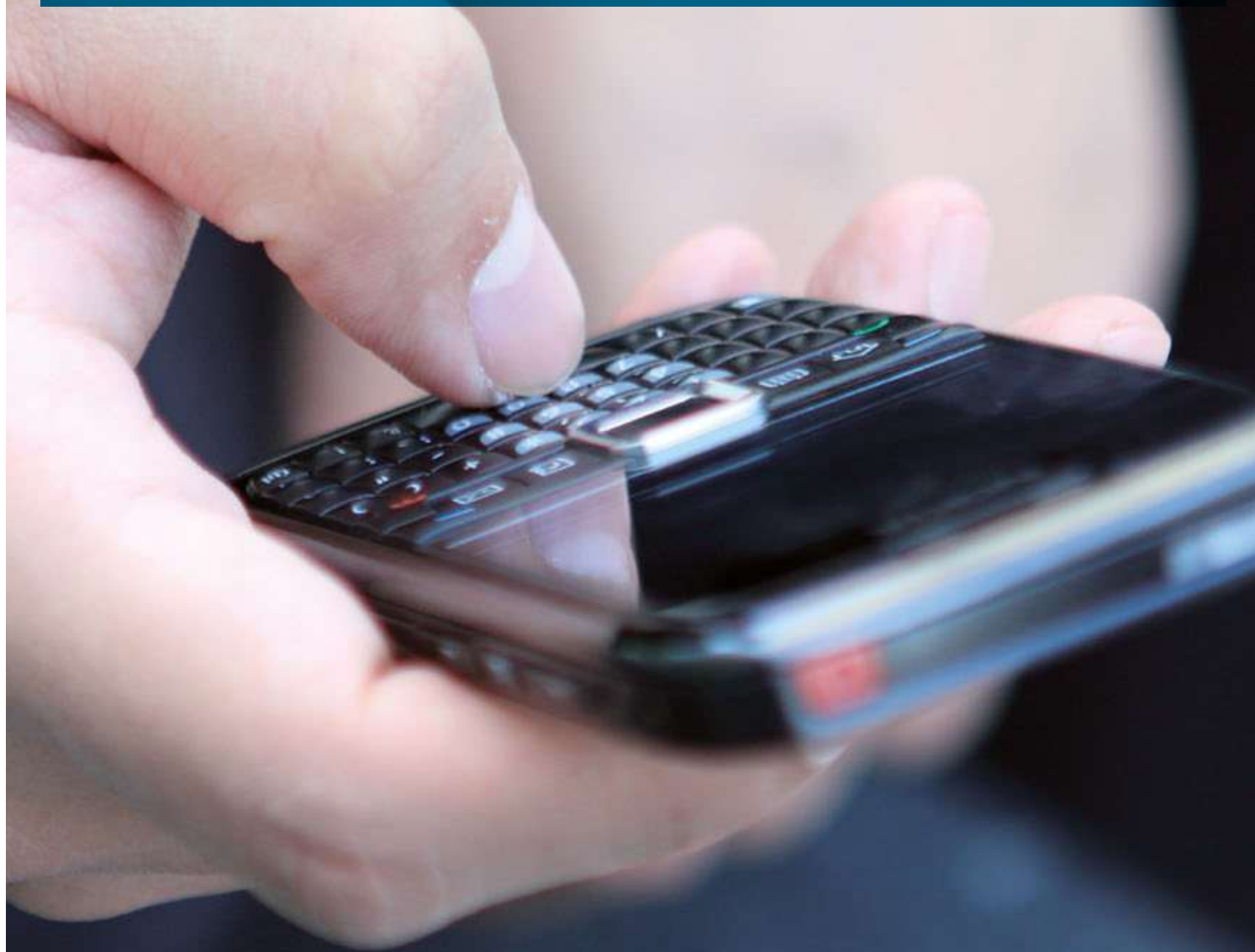
BBK on Twitter

Emergency Call 112

Get help! Help!



Do you immediately know what needs to be done when an emergency occurs? Do you feel well-prepared? The rescue service or the fire brigade are generally not on site immediately, but have to be alerted. What should you do with people who are injured? When was your last first aid course? There are still too few adults who know what they should do in an emergency – and do nothing at all out of fear. The emergency call 112 and basic first aid are life-saving measures. Prepare yourself and take part in a first aid course again. So that you know what needs to be done in an emergency.





In Germany and throughout Europe, you can reach the **fire brigade** and the **rescue service free of charge** by **calling 112**. You can also reach this number with a mobile telephone (with a SIM card) free of charge.

ONE NUMBER FOR EMERGENCY CALLS THROUGHOUT EUROPE

1. Secure the scene of the incident, if necessary.
2. Take the immediate life-saving measures.
3. Call help on 112.
4. You should mention the following:
 - › Where is the site of the emergency?
 - › What has happened?
 - › Who is calling?
 - › Wait for questions!
5. Perform first aid until the rescue service arrives.
Ensure that the rescue workers are directed if, for example, a house number is difficult to identify.

THIS IS WHAT YOU SHOULD DO!

➤ Each of us should be capable of helping another person with simple first aid measures in the event of accidents.



LEARN FIRST AID AT:

A number of relief organisations offer first aid courses near you. There, you will learn to perform immediate life-saving measures. You can find your contact in the telephone book or on the Internet at:

 **Deutsches
Rotes
Kreuz**
German Red Cross
www.drk.de

 **Malteser**
Knights of Malta
www.malteser.de

**DIE
JOHANNITER** 
**St. John's Ambulance
Association**
www.juh.de



**German Life-Saving
Association**
www.dlrg.de



Worker's Samaritans
www.asb.de